



# Free and Wild in the Loneliness of a Hotel Room

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Pilots Layovers  
and the

Missing of Classical Time Structures  
and Spatial Co-presence as a  
Psychosocial Burden.



# Changing work organization

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- Spatial arrangements
- Time structures
- Contents
- Qualifications
- Availability

⇒ „Entgrenzung“



# Space and Time

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- Complete spatial separation of work and life

Germany: only 1.1 mil. of 35.7 mil. employed people work at home

- Broad timely flexibilisation

Germany: 83% of all employees have flexible working hours



## Work induced mobility

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- Working at different places
- Instable Employments
- Grow of tertiary sector with no spatial attachment



# Vari-mobile Persons

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## Work

- apart from home
- different places
- different times
- changing periods



# Pilots Survey

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- Ideal type of vari-mobile
- Activities in layover and personal judgment of benefits and burden in a survey of 219 pilots
- Confined to Lufthansa Passage Airlines (DLH, n=108) and Lufthansa Cargo Airlines (LCA, n=71)



## Sociodemographic key figures

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		<b>DLH (n=108)</b>	<b>LCA (n=71)</b>
Age (mean in years)	Captains	43	43
	Co-Pilots	31	33
Living arrangement (Total and column percentage)	alone	23 (22%)	9 (13%)
	With others	2 ( 2%)	0 ( 0%)
	With partner	54 (50%)	31 (44%)
	With partner and child(ren)	28 (26%)	30 (43%)

# Activities (Likert-scaled Items: 1-always, 5-never)

	DLH			LCA		
		Mean	Std. Dev.		Mean	Std. Dev.
1.	Going out for dining together	2,42	0,61	Internet (email, surf, chat)	1,93	0,64
2.	News/journal reading	2,43	1,02	Going out for dining together	2,09	0,33
3.	Watching TV	2,44	1,01	News/journal reading	2,10	1,02
4.	Book reading	2,59	1,04	Watching TV	2,20	0,98
5.	Doing sports alone	2,63	0,97	Phone	2,28	1,03
6.	Internet (email, surf, chat)	2,66	0,95	Doing sports alone	2,37	1,07
7.	Phone	2,67	1,06	Book reading	2,69	0,99
8.	Shop	3,07	0,75	Disco dancing	2,70	0,87
9.	Listening to music	3,16	1,17	Shop	2,77	0,74
10.	Going out for dining alone	3,21	0,81	Listening to music	2,97	1,06



# Preferences

(Likert-scaled Items: 1-total acceptance, 5-total rejection)

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- The days of my friends at home are the same every day. I couldn't stand that.  
(DLH 2.06, LCA 2.07)
- In times of layovers I strongly value to be apart from home. I enjoy doing and experiencing things which I wouldn't at home.  
(DLH 2.71, LCA 2.89-living in company 2,45, Singles 3.03)
- My non-flying friends can take part in regular events in clubs and groups. Not me, that bothers me. (Both 2.9)



## Conclusion

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- Same need for regeneration
- Strategies and patterns like singles
- Lack of routine compensates isolation
- Reflexive production of co-presence
- Internet activities are important
- Tendency to partnership rises with increase of separation



Thank you

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